



Meet
Peter

His pride
could also be
a casualty of
Parkinson's
disease.

FOR HEALTHCARE PROFESSIONALS ONLY

Peter's story

Peter is a retired local government officer. Aged 74 years.

Peter's situation:

- Diagnosed in 2010 with **Parkinson's disease** and Lewy body dementia
- Comorbidities include NSTEMI, AF and type 2 diabetes
- End stage dementia
- Poor head control accompanied by **severe and constant drooling**
- Single words/grunts of communication - mostly through his wife

Wheelchair-bound, he relies on his wife or son to continuously take care of him.

NSTEMI: Non-ST Segment Elevation Myocardial Infarction.
AF: Atrial Fibrillation.

Prescribing information can be found on the last page.

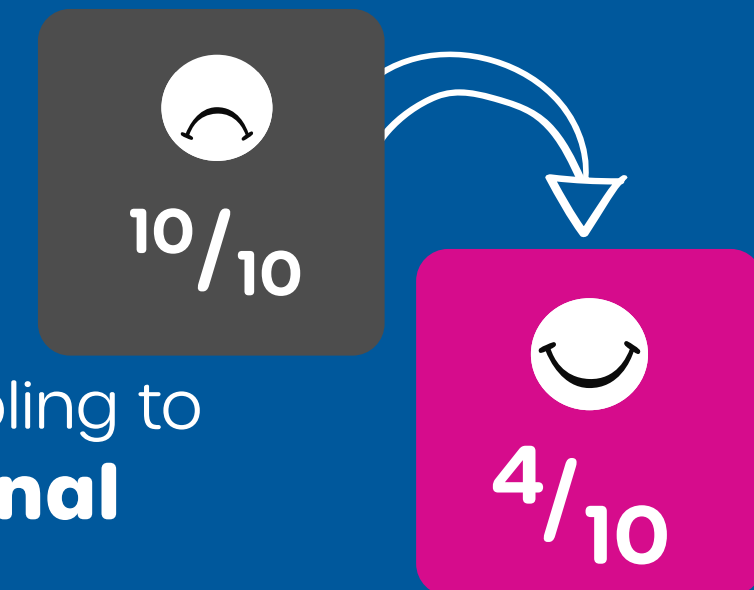


The next step made a difference

Within days of a XEOMIN® (botulinum neurotoxin type A) injection, Peter's initial score

10/10 reduced to **4/10**,*

from severe continuous drooling to **mild occasional drooling**.



Peter was on XEOMIN® for 2 years and reported to be mentally more relaxed and less agitated. In addition he **wasn't as "knackered"** as he didn't have to be undressed and dressed 3-4 times a day.

XEOMIN® was well tolerated by Peter.

*10 = continuous drooling,
1 = dry mouth.

 **XEOMIN®**
Botulinum neurotoxin type A

HELPING PATIENTS ACHIEVE THEIR GOALS



And further...

His consultant observed..."He wouldn't want to go out, but when he had the (XEOMIN®) injections, **he'd go out** with his son and wife for a break and enjoy having some quality of life (especially worsened by shielding in lockdown)."

A final thought from his wife **"I can take him out a couple of times a week for a walk and for him not to feel embarrassed because he's wet all the time. This is the most gratifying part."**

**Could XEOMIN® help
you make a difference
in sialorrhea?**

UK Prescribing Information

Xeomin® (Clostridium Botulinum neurotoxin type A (150 kD), free from complexing proteins) 50/100/200 unit vials. Prescribing Information: M-XEO-UK-0501. Please refer to the Summary of Product Characteristics (SmPC) before prescribing. **Presentation:** 50/100/200 units (U) of Clostridium Botulinum Neurotoxin type A as a powder for solution for injection. **Indications:** Treatment of blepharospasm and hemifacial spasm, cervical dystonia of a predominantly rotational form (spasmodic torticollis), focal spasticity of the upper limb, focal spasticity of the lower limb affecting the ankle joint and chronic sialorrhea due to neurological disorders in adults. Symptomatic treatment in children and adolescents aged 2 to 17 years and weighing ≥ 12 kg of chronic sialorrhea due to neurological / neurodevelopmental disorders **Dosage and Administration:** For intramuscular and intraglandular injection. Due to unit differences in the potency assay, unit doses for Xeomin are not interchangeable with those for other preparations of Botulinum toxin type A. Reconstitute with 0.9% sodium chloride. Xeomin may only be administered by appropriately qualified healthcare practitioners with expertise in the treatment of the relevant indication and the use of the required equipment, in accordance with national guidelines. **Blepharospasm and hemifacial spasm:** The initial recommended dose is 1.25-2.5 U per injection site, injected into the medial and lateral orbicularis oculi of the upper lid and the lateral orbicularis oculi of the lower lid. The initial dose should not exceed 25 U per eye, but this can be subsequently increased. The total dose should not exceed 100 U every 12 weeks. Treatment intervals should be determined based on the actual clinical need of the individual patient. Additional sites in the brow area, the lateral orbicularis oculi muscle and in the upper facial area may also be injected if spasms here interfere with vision. Patients with hemifacial spasm should be treated as for unilateral blepharospasm. **Spasmodic torticollis:** Xeomin is usually injected into the sternocleidomastoid, levator scapulae, scalenus, splenius capitis and/or the trapezius muscle(s) or any of the muscles responsible for controlling head position that may be involved. No more than 200 U should be injected for the first course of therapy. Adjustments can be made in subsequent courses depending on the response, but not exceeding a total dose of 300 U at any one treatment session. No more than 50 U should be administered at any one injection site. Treatment intervals of less than 10 weeks are not recommended. Treatment intervals should be determined based on the actual clinical need of the individual patient. **Focal spasticity of the upper limb:** The dose and number of injection sites should be tailored to the individual patient based on the size, number and location of muscles involved, the severity of spasticity, and the presence of local muscle weakness. The maximum total dose for the treatment of upper limb spasticity should not exceed 500 U per treatment session, and no more than 250 U should be administered to the shoulder muscles. Repeated treatment should generally be no more frequent than every 12 weeks. Treatment intervals should be determined based on the actual clinical need of the individual patient. **Focal spasticity of the lower limb affecting the ankle joint:** The dose and number of injection sites should be tailored to the individual patient based on the size, number and location of muscles involved, the severity of spasticity, and the presence of local muscle weakness. The maximum total dose for the treatment of lower limb spasticity should not exceed 400 U per treatment session. Repeated treatment should generally be no more frequent than every 12 weeks. Treatment intervals should be determined based on the actual clinical need of the individual patient. **Spasticity of upper and lower limbs:** If treatment is required in the upper and lower limbs during the sametreatment session, the dose in each limb should be tailored to the individual's need. The maximum total dose is 500 units for the **first treatment session**, if well tolerated, the maximum total dose in subsequent treatment sessions can be increased to 600 units. **Chronic sialorrhea (adults):** A reconstituted solution at a concentration of 5 units/0.1 ml should be used. Inject into the parotid and submandibular glands on both sides (per treatment four injections in total). The dose is divided with a ratio of 3:2 between the parotid and submandibular glands as follows: Parotid glands 30 U per side, Submandibular glands 20 U per side. Inject close to the centre of the gland. The recommended dose per treatment session is 100 U. Do not exceed this maximum dose. Treatment intervals should be determined based on the actual clinical need of the individual patient. Repeat treatment more frequent than every 16 weeks is not recommended. **Chronic sialorrhea (children/adolescents):** A reconstituted solution at a concentration of 2.5 units/0.1 ml should be used. Inject into the parotid and submandibular glands on both sides (per treatment four injections in total). The body-weight dose is divided with a ratio of 3:2 between the parotid and submandibular glands. No recommendations can be made for children weighing less than 12 kg. The injection site should be close to the centre of the gland. Treatment intervals should be determined based on the actual clinical need of the individual patient. Repeat treatment should be no more frequent than every 16 weeks. Please see the SmPC for full prescribing recommendation. **Contraindications:** Known hypersensitivity to Botulinum neurotoxin type A or to any of the excipients, generalised disorders of muscle activity (e.g., myasthenia gravis, Lambert-Eaton syndrome) and presence of infection or inflammation at the proposed injection site. **Special warnings and precautions:** Care should be taken not to inject into blood vessels. Use with caution in patients with any bleeding disorder or receiving anticoagulant therapy or other substances that could have an anticoagulant effect. Caution in patients with pre-existing neuromuscular disorders such as patients suffering from amyotrophic lateral sclerosis, other diseases which result in peripheral neuromuscular dysfunction or where the targeted muscles display pronounced weakness or atrophy. Generally, patients with a history of aspiration or dysphagia should be treated with caution. Extreme caution should be exercised when treating these patients for cervical dystonia. Spread of Botulinum toxin type A to sites distant from the injection site has been reported. Some of these can be life threatening and there have been reports of death, some associated with dysphagia, pneumonia and/or significant debility. Patients or caregivers should be advised to seek immediate medical care if swallowing, speech or respiratory disorders arise. If serious (e.g., anaphylactic reactions) and/or immediate hypersensitivity reactions occur, appropriate medical therapy should be instituted. Too frequent doses may increase the risk of antibody formation, and possible treatment failure. Should not be used during pregnancy unless clearly necessary and the potential benefit justifies the risk. Should not be used during breast-feeding. **Blepharospasm and hemifacial spasm:** Injections near the levator palpebrae superioris should be avoided to reduce the occurrence of ptosis. Diplopia may develop as a result of injections, avoiding medial injections into the lower lid may reduce this adverse reaction. In order to prevent ectropion, injections into the lower lid area should be avoided, and vigorous treatment of any epithelial defect is necessary. Careful testing of corneal sensation should be performed in patients with

previous eye operations. Due to its anticholinergic effects, it should be used with caution in patients at risk of developing narrow angle glaucoma. **Spasmodic torticollis:** Xeomin should be injected carefully when injecting at sites close to sensitive structures such as the carotid artery lung apices and oesophagus. Patients should be informed that injections of Xeomin for the management of spasmodic torticollis may cause mild to severe dysphagia with the risk of aspiration and dyspnoea. Limiting the dose injected into the sternocleidomastoid muscle to less than 100 U may decrease the occurrence of dysphagia. Patients with smaller neck muscle mass, or patients who require bilateral injections into the sternocleidomastoid muscles are at greater risk. **Focal spasticity of the upper limb:** Xeomin should be injected carefully when injecting at sites close to sensitive structures such as the carotid artery, lung apices and oesophagus. **Focal spasticity of the upper and lower limbs:** Xeomin as a treatment for focal spasticity has been studied in association with usual standard care regimens and is not intended as a replacement for these treatment modalities. Xeomin is not likely to be effective in improving range of motion at a joint affected by a fixed contracture. New onset or recurrent seizures have been reported, typically in patients who are predisposed to experiencing these events. Previously akinetic or sedentary patients should be reminded to gradually resume activity. Caution should be exercised when treating adult patients especially the elderly, with focal spasticity affecting the lower limbs, who may be at increased risk of fall. **Chronic sialorrhea (adults/children/adolescents):** In cases of medication-induced sialorrhea, the possibility of replacement, reduction, or even termination of the inducing medication should be considered before using Xeomin. Efficacy and safety of Xeomin in patients with medication-induced sialorrhea were not investigated. If “dry mouth” develops in association with the administration of Xeomin consider reducing the dose. A dental visit at the beginning of treatment is recommended. The dentist should be informed about sialorrhea treatment with Xeomin to be able to decide about appropriate measures for caries prophylaxis. **Interactions:** No interaction studies have been performed. Concomitant use with aminoglycosides or spectinomycin requires special care. Peripheral muscle relaxants should be used with caution. 4-Aminoquinolines may reduce the effect. When used for the treatment of chronic sialorrhea, irradiation to the head and neck including salivary glands and/or co-administration of anticholinergics may increase the effect of the toxin. The treatment of sialorrhea with Xeomin during radiotherapy is not recommended. **Undesirable effects:** Usually, undesirable effects are observed within the first week after treatment and are temporary in nature. Undesirable effects independent of indication include; *application related undesirable effects* (localised pain, inflammation, paraesthesia, hypoaesthesia, tenderness, swelling, oedema, erythema, itching, localised infection, haematoma, bleeding and/or bruising associated with injection. Needle related pain and/or anxiety may result in vasovagal responses), *class related undesirable effects* (localised muscle weakness), *toxin spread* (very rare - excessive muscle weakness, dysphagia and aspiration pneumonia with a fatal outcome in some cases), and *hypersensitivity reactions* (serious and/or immediate hypersensitivity reactions including anaphylaxis, serum sickness, urticaria, soft tissue oedema and dyspnoea have rarely been reported). Management of spasmodic torticollis may cause dysphagia with varying degrees of severity. **Blepharospasm and hemifacial spasm:** *Very Common:* Eyelid Ptosis. *Common:* Dry eyes, blurred vision, visual impairment, dry mouth, injection site pain. *Uncommon:* Headache, facial paresis, diplopia, increased lacrimation, dysphagia, rash, fatigue, muscular weakness. **Spasmodic torticollis:** *Very common:* Dysphagia. *Common:* Headache, presyncope, dizziness, dry mouth, nausea, hyperhidrosis, neck pain, muscular weakness, myalgia, muscle spasms, musculoskeletal stiffness, injection site pain, asthenia, upper respiratory tract infection. *Uncommon:* Speech disorder, dysphonia, dyspnoea, rash. **Focal spasticity of the upper limb:** *Common:* Dry mouth. *Uncommon:* Headache, hypoaesthesia, dysphagia, nausea, muscular weakness, pain in extremity, myalgia, asthenia. *Unknown:* injection site pain. **Focal spasticity of lower limb affecting ankle joint:** *common:* Muscular weakness, fall. *Unknown:* Pain in extremity. **Chronic sialorrhea (adults):** *Common:* Paraesthesia, dry mouth, dysphagia. *Uncommon:* Speech disorder, altered (thickened) saliva, dysgeusia. Cases of persistent dry mouth (> 110 days) of severe intensity have been reported, which could cause further complications as gingivitis, dysphagia, and caries. **Chronic sialorrhea (children/adolescents):** *Uncommon:* Dysphagia. *Unknown:* Altered (thickened) saliva, dry mouth, oral pain, dental caries. **Post Marketing Experience:** Flu-like symptoms, hypersensitivity reactions, erythema, pruritus, rash (localised and generalised), breathlessness and muscle atrophy have also been reported with unknown frequency. **Overdose:** May result in pronounced neuromuscular paralysis distant from the injection site. In the event of overdose the patient should be medically monitored for symptoms of excessive muscle weakness. Symptomatic treatment and respiratory support may be required. **Legal Category:** POM. **List Price:** 50U/vial £72.00, 100U/vial £129.90, 200U/Vial £259.80. **Product Licence Number:** PL 29978/0003, PL 29978/0001, PL 29978/0004. **Marketing Authorisation Holder** Merz Pharmaceuticals GmbH, Eckenheimer Landstraße 100, 60318 Frankfurt/Main, Germany. **Date of Preparation:** June 2023. **Additional Information Available in the SmPC or on request from:** Merz Pharma UK Ltd., Ground Floor Suite B Breakspear Park, Breakspear Way, Hemel Hempstead, Hertfordshire, England, HP2 4TZ.

Adverse events should be reported. Reporting forms and information for United Kingdom can be found at <https://yellowcard.mhra.gov.uk/>. Adverse events should also be reported to Merz Pharma UK Ltd by email to UKdrugsafety@merz.com or on +44 (0) 333 200 4143.

M-XEO-UKI-1210 Date of preparation: September 2023

Reference:
1. XEOMIN Summary of Product Characteristics (SmPC). <https://www.medicines.org.uk/emc/product/6202> and [Accessed September 2023]

ROI Prescribing Information

XEOMIN® (Clostridium Botulinum neurotoxin type A (150 kD), free from complexing proteins) 50/100/200 unit vials. Prescribing Information: M-XEO-IE-0028. Please refer to the Summary of Product Characteristics (SmPC) before prescribing. **Presentation:** 50/100/200 units (U) of Clostridium Botulinum Neurotoxin type A as a powder for solution for injection. **Indications:** Treatment of blepharospasm and hemifacial spasm, cervical dystonia of a predominantly rotational form (spasmodic torticollis), spasticity of the upper limb, and chronic sialorrhea due to neurological disorders in adults. Symptomatic treatment in children and adolescents aged 2 to 17 years and weighing ≥ 12 kg of chronic sialorrhea due to neurological / neurodevelopmental disorders **Dosage and Administration:** For intramuscular and intraglandular injection. Due to unit differences in the potency assay, unit doses for Xeomin are not interchangeable with those for other preparations of Botulinum toxin type A. Reconstitute with 0.9% sodium chloride. Xeomin may only be administered by physicians with suitable qualifications and the requisite experience in the application of Botulinum toxin type A. **Blepharospasm and hemifacial spasm:** The initial recommended dose is 1.25-2.5 U per injection site, injected into the medial and lateral orbicularis oculi of the upper lid and the lateral orbicularis oculi of the lower lid. The initial dose should not exceed 25 U per eye but this can be subsequently increased. The total dose should not exceed 100 U every 12 weeks. Treatment intervals should be determined based on the actual clinical need of the individual patient. Additional sites in the brow area, the lateral orbicularis oculi muscle and in the upper facial area may also be injected if spasms here interfere with vision. Patients with hemifacial spasm should be treated as for unilateral blepharospasm. **Spasmodic torticollis:** Xeomin is usually injected into the sternocleidomastoid, levator scapulae, scalenus, splenius capitis and/or the trapezius muscle(s) or any of the muscles responsible for controlling head position that may be involved. No more than 200 U should be injected for the first course of therapy. Adjustments can be made in subsequent courses depending on the response, but not exceeding a total dose of 300 U at any one treatment session. No more than 50 U should be administered at any one injection site. Treatment intervals of less than 10 weeks are not recommended. Treatment intervals should be determined based on the actual clinical need of the individual patient. **Spasticity of the upper limb:** The dose and number of injection sites should be tailored to the individual patient based on the size, number and location of muscles involved, the severity of spasticity, and the presence of local muscle weakness. The maximum total dose for the treatment of upper limb spasticity should not exceed 500 U per treatment session, and no more than 250 U should be administered to the shoulder muscles. Repeated treatment should generally be no more frequent than every 12 weeks. Treatment intervals should be determined based on the actual clinical need of the individual patient. **Chronic sialorrhea (adults):** A reconstituted solution at a concentration of 5 units/0.1 ml should be used. Inject into the parotid and submandibular glands on both sides (per treatment four injections in total). The dose is divided with a ratio of 3:2 between the parotid and submandibular glands as follows: Parotid glands 30 U per side, Submandibular glands 20 U per side. Inject close to the centre of the gland. The recommended dose per treatment session is 100 U. Do not exceed this maximum dose. Treatment intervals should be determined based on the actual clinical need of the individual patient. Repeat treatment more frequent than every 16 weeks is not recommended. **Chronic sialorrhea (children/adolescents):** A reconstituted solution at a concentration of 2.5 units/0.1 ml should be used. Inject into the parotid and submandibular glands on both sides (per treatment four injections in total). The body-weight dose is divided with a ratio of 3:2 between the parotid and submandibular glands. No recommendations can be made for children weighing less than 12 kg. The injection site should be close to the centre of the gland. Treatment intervals should be determined based on the actual clinical need of the individual patient. Repeat treatment should be no more frequent than every 16 weeks. Please see the SmPC for full prescribing recommendation. **Contraindications:** Known hypersensitivity to Botulinum neurotoxin type A or to any of the excipients, generalised disorders of muscle activity (e.g. myasthenia gravis, Lambert-Eaton syndrome) and presence of infection or inflammation at the proposed injection site. **Special warnings and precautions:** Care should be taken not to inject into blood vessels. Use with caution in patients with any bleeding disorder or receiving anticoagulant therapy or other substances that could have an anticoagulant effect. Caution in patients with pre-existing neuromuscular disorders such as patients suffering from amyotrophic lateral sclerosis, other diseases which result in peripheral neuromuscular dysfunction or where the targeted muscles display pronounced weakness or atrophy. Generally, patients with a history of aspiration or dysphagia should be treated with caution. Extreme caution should be exercised when treating these patients for cervical dystonia. Spread of Botulinum toxin type A to sites distant from the injection site has been reported. Some of these can be life threatening and there have been reports of death, some associated with dysphagia, pneumonia and/or significant debility. Patients or caregivers should be advised to seek immediate medical care if swallowing, speech or respiratory disorders arise. If serious (e.g. anaphylactic reactions) and/or immediate hypersensitivity reactions occur, appropriate medical therapy should be instituted. Too frequent doses may increase the risk of antibody formation, and possible treatment failure. Should not be used during pregnancy unless clearly necessary and the potential benefit justifies the risk. Should not be used during breast-feeding. **Blepharospasm and hemifacial spasm:** Injections near the levator palpebrae superioris should be avoided to reduce the occurrence of ptosis. In order to prevent ectropion, injections into the lower lid area should be avoided, and vigorous treatment of any epithelial defect is necessary. Careful testing of corneal sensation should be performed in patients with previous eye operations. Due to its anticholinergic effects, it should be used with caution in patients at risk of developing narrow angle glaucoma. **Spasmodic torticollis:** Xeomin should be injected carefully when injecting at sites close to sensitive structures such as the carotid artery lung apices and oesophagus. Patients should be informed that injections of Xeomin for the management of spasmodic torticollis may cause mild to severe dysphagia with the risk of aspiration and dyspnoea. Limiting the dose injected into the sternocleidomastoid muscle to less than 100 U may decrease the occurrence of dysphagia. Patients with smaller neck muscle mass, or patients who require bilateral injections into the sternocleidomastoid

muscles are at greater risk. **Spasticity of the upper limb:** Xeomin should be injected carefully when injecting at sites close to sensitive structures such as the carotid artery, lung apices and oesophagus. Xeomin is not likely to be effective in improving range of motion at a joint affected by a fixed contracture. New onset or recurrent seizures have been reported, typically in patients who are predisposed to experiencing these events. **Chronic sialorrhea (adults/children/adolescents):** In cases of medication-induced sialorrhea, the possibility of replacement, reduction, or even termination of the inducing medication should be considered before using Xeomin. Efficacy and safety of Xeomin in patients with medication-induced sialorrhea were not investigated. If “dry mouth” develops in association with the administration of Xeomin consider reducing the dose. A dental visit at the beginning of treatment is recommended. The dentist should be informed about sialorrhea treatment with Xeomin to be able to decide about appropriate measures for caries prophylaxis. **Interactions:** No interaction studies have been performed. Concomitant use with aminoglycosides or spectinomycin requires special care. Peripheral muscle relaxants should be used with caution. 4-Aminoquinolines may reduce the effect. When used for the treatment of chronic sialorrhea, irradiation to the head and neck including salivary glands and/or co-administration of anticholinergics may increase the effect of the toxin. The treatment of sialorrhea with Xeomin during radiotherapy is not recommended. **Undesirable effects:** Usually, undesirable effects are observed within the first week after treatment and are temporary in nature. Undesirable effects independent of indication include; application related undesirable effects (localised pain, inflammation, paraesthesia, hypoaesthesia, tenderness, swelling, oedema, erythema, itching, localised infection, haematoma, bleeding and/or bruising associated with injection), class related undesirable effects (localised muscle weakness), toxin spread (very rare - excessive muscle weakness, dysphagia and aspiration pneumonia with a fatal outcome in some cases), and hypersensitivity reactions (serious and/or immediate hypersensitivity reactions including anaphylaxis, serum sickness, urticaria, soft tissue oedema and dyspnoea have rarely been reported). Needle related pain and/or anxiety may result in vasovagal responses. Management of spasmodic torticollis may cause dysphagia with varying degrees of severity. **Blepharospasm and hemifacial spasm: Very Common:** Eyelid Ptosis. **Common:** Dry eyes, blurred vision, visual impairment, dry mouth, injection site pain. **Uncommon:** Headache, facial paresis, diplopia, increased lacrimation, dysphagia, rash, fatigue, muscular weakness. **Spasmodic torticollis: Very common:** Dysphagia. **Common:** Headache, presyncope, dizziness, dry mouth, nausea, hyperhidrosis, neck pain, muscular weakness, myalgia, muscle spasms, musculoskeletal stiffness, injection site pain, asthenia, upper respiratory tract infection. **Uncommon:** Speech disorder, dysphonia, dyspnoea, rash. **Spasticity of the upper limb: Common:** Dry mouth. **Uncommon:** Headache, hypoaesthesia, dysphagia, nausea, muscular weakness, pain in extremity, myalgia, asthenia. **Unknown:** injection site pain. **Chronic sialorrhea (adults): Common:** Paraesthesia, dry mouth, dysphagia. **Uncommon:** Speech disorder, altered (thickened) saliva, dysgeusia. Cases of persistent dry mouth (> 110 days) of severe intensity have been reported, which could cause further complications as gingivitis, dysphagia and caries. **Chronic sialorrhea (children/adolescents): Uncommon:** Dysphagia. Not known: Altered (thickened) saliva, dry mouth, oral pain, dental caries **Post Marketing Experience:** Flu-like symptoms, hypersensitivity reactions and muscle atrophy have also been reported with unknown frequency. **Overdose:** May result in pronounced neuromuscular paralysis distant from the injection site. **Legal Category:** POM. **List Price:** 50U/vial €110.00, 100U/vial €195.00, 200U/Vial €390.00. **Product Licence Number:** PA1907/001/001, PA1907/001/002, PA 1907/001/003. **Marketing Authorisation Holder** Merz Pharmaceuticals GmbH, Eckenheimer Landstraße 100, 60318 Frankfurt/Main, Germany. **Date of Preparation: September 2021. Additional Information Available in the SmPC or on request from:** Merz Pharma UK Ltd., Ground Floor Suite B Breakspear Park, Breakspear Way, Hemel Hempstead, Hertfordshire, England, HP2 4TZ.

Adverse events should be reported. Reporting forms and information for Republic of Ireland can be found at <https://www.hpra.ie/homepage/about-us/report-an-issue/human-adverse-reaction-form>. Adverse events should also be reported to Merz Pharma UK Ltd by email to UKdrugssafety@merz.com or on +44 (0) 333 200 4143.

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